

AAPS district updates: On the Triennial Assessment including progress toward meeting the goals of the policy. As of 6.26.23

**District Goals for Nutrition Promotion and Education:**

- Aug 2023: Distribute updated Smart Snacks in School, USDA Guide, to High School administrators. [Will complete August 2023.](#)
- Fall 2022: Students will try local apples through a partnership with a local farm to celebrate Apple Crunch Day. [Completed 10.13.22](#)
- 2022-23 School Year: Partner with food service on a minimum of 2 events to promote healthy eating options to students during lunch time. [Completed on 10.13.22 and 2.8.23.](#)
- Spring 2022: Host a School Garden Workshop for AAPS staff and parent volunteers involved with school gardening. [Completed Spring 2022.](#)

**District Goals for Physical Education:**

- Engage at least 80 middle and high school students in focus group discussions about strengths and opportunities for improvement in physical education and other opportunities for physical activity. [Held 4 focus groups to collect feedback. The dates of the focus group were: 5.1.23, 5.8.23, 5.16.23, and 5.25.23.](#)

**District Goals for Physical Activity:**

- 2022-23 Engage at least 80 middle and high school students in focus group discussions about strengths and opportunities for improvement in physical education and other opportunities for physical activity. [Held 4 focus groups to collect feedback. The dates of the focus group were: 5.1.23, 5.8.23, 5.16.23, and 5.25.23.](#)
- 2020-2023 Increase the number of AAPS schools with Safe Routes to School Committees and completed implementation plans. [Completed 22-23 school year.](#)
- 2020-21 (While the district was on-line due to COVID-19) Provide a variety of free outdoor physical activity programs for K - 8th graders. [September 2020 - April 2021 - 4,865 students, Pre K - 8th grade participated in person or virtual programming free of charge.](#)

**Wellness Policy Committee Goals for Other School-Based Activities Designed to Promote Student Wellness:**

\*Conduct district-wide AAPS Wellbeing Landscape Assessment using the CDC WSCC Model for Student Health. [Started Assessment October 2022. The assessment will be complete July 2023.](#)

\*Attend School Wellness Team meetings at 3 buildings: Tappan MS, Slauson MS, and Clague MS. Support staff in identifying wellness initiatives. [Completed during the 22-23 school year at Tappan, Slauson and Clague.](#)